

*sermon notes*

# AIRPLANE MODE

Let us hold unwaveringly to the hope we profess, for he who promised is faithful. And let us consider how we may **spur one another on** toward love and good deeds, not giving up meeting together, as some are in the habit of doing, but encouraging one another—and all the more as you see the Day approaching.

Hebrews 10:19-25 (NIV)

## 1. WE NEED HEALTHY CONNECTIONS

## 2. WHAT KEEPS US IN AIRPLANE MODE:

- *Fear*
- *Apathy*
- *Rebelliousness*
- *Pride*

## 3. WHAT DOES A HEALTHY CONNECTION LOOK LIKE?

- Bears all things
- Believes all things
- Hopes all things
- Endures all things

## *Notes*

---

---

---

---

---

---

### *Consider & Discuss*

We all need healthy connection: relationships that inspire, encourage, challenge, and support us, but we need to start by recognizing that most of us have something keeping us from the deep relational connection God designed us to depend on:

- Which of the four “isolators” tends to keep you from connecting?
- Can you identify a circumstance from your past that may be the root cause of this tendency? Ask God to heal and restore this part of who you are.
- What are some practical steps you can take to ensure that fear, apathy, rebelliousness and pride don't keep you up healthy, God-given connections?

Here are some practical things to consider to help you begin to form healthy connections:

- Ask God to show you at least one person you can begin to form a deeper relationship with.
- Be intentional about your time together:
  - Meet regularly: a daily call, weekly breakfast, or monthly meeting helps ensure the development of your connection.
  - Expose weakness: make sure your friend knows where you're weak, and consistently ask each other about vulnerable areas.
  - Express goals: as God reveals your purpose, share the details of your plan as it develops.
  - Pray for one another: always invite God to perfect His work in each of you.